



MASTER SHISHIR

MIND BODY SPIRIT COACH



**Mind Body and Spirit
Coach**

GRAND MASTER ARNIS



Master Shishir is a pioneer and mentor of holistic training and healthy lifestyle. He developed his internal strength and self-realization through self-discipline and by over-coming personal, professional, family, financial and political crisis. He started Arnis martial arts training at age 8.

Since 2003, Master Shishir has been training amateur and professional golfers as a Body, Mind and Spirit Coach, where he started at the David Leadbetter Academy in Florida.

Master Shishir created “Quiet mind, Smiling Heart Meditation”, “Chi Golf”, “Sinawali Kickbox”, “Tai Chi Kung”. He has produced several DVD’s and books. He is a father with four children and was inducted in the Martial Arts Hall of Fame and named International Grandmaster of the year in 2005. Master Shishir is a certified Natural Healer and Massage Therapist.

Master Shishir won and became ‘Michelangelo’ martial artist in the Teenage Mutant Ninja Turtles 3 movie and the TV Series.

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Cell: 236.335.2009



CANADA PERFORMANCE Private and Semi-Private Programs offer a comprehensive training where players can experience training for golf on the course, at the range and in the studio. Our latest technology includes the Quintic Putting System, Foresight Simulator, Swing Catalyst Video and Opti Brain.

ADULT PROGRAMS

ASSOCIATE COACH RATE

Hourly rate **\$130 + GST**

BIRDIE PROGRAM

Two (2) one hour lessons **\$245 + GST**

- Add 1 player **\$60 + GST**
- Add 2 players **\$50 + GST each**

EAGLE PROGRAM

Eight (8) one hour lessons **\$945 + GST**

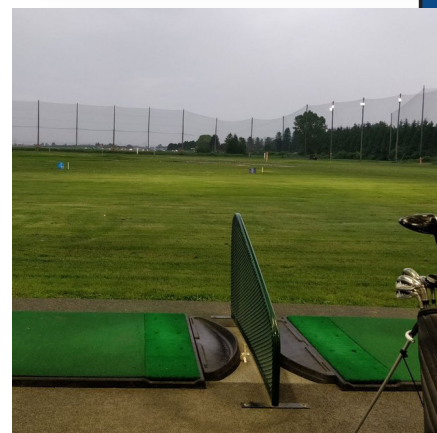
- Add 1 player **\$300 + GST**
- Add 2 players **\$200 + GST each**

MASTERS PROGRAM

Twenty (20) one hour lessons **\$2200+ GST**

- Add 1 player **\$500 + GST**
- Add 2 players **\$300 + GST each**

** On-course playing lessons included. Green fees not included. All balls will be included. Cancellation policy: 24 hours notice required or full payment will be charged.*



PAYMENT METHODS

PRIMARY Debit, Cash, E-transfer,
Personal or business cheque

SECONDARY We Chat Pay or Ali Pay

OTHER Visa or MasterCard